



Achievements Coaching at the Sekewet Futsal Family Club

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Abstract

Objective. This research aims to thoroughly examine the progress of achievements within the Sekewet Futsal Family Club. Comprehensive coaching is essential, encompassing various aspects such as club management, accomplishments, facilities, infrastructure, and financial resources. The effectiveness of these elements significantly influences the club's overall success and achievements.

Materials and methods. This study employs descriptive qualitative research. Qualitative data is a research approach based on positivistic (concrete data), research data in the form of numbers that will be measured using statistics as a calculation test tool, related to the problem being studied to produce a conclusion. The data collection methods utilized in this study included observation, documentation, and interviews. Observation and interviews were the chosen data collection tools to gather primary data for this research, while documentation in the form of existing archives provided supporting and secondary data.

Results. The analysis of the interviews indicates that the club management is currently in the process of formulating comprehensive performance indicators. This initiative is aimed at fostering continual improvement within the club's operations. Furthermore, the coach is dedicated to refining performance metrics to ignite and sustain the athletes' passion and determination, ultimately propelling them towards achieving their full potential.

Conclusion. Coaching should be consistently and effectively implemented to encompass a wide range of essential components. These include but are not limited to talent identification and development, strategic staff recruitment and management, efficient facility and infrastructure oversight, meticulous program organization, and comprehensive performance evaluation.

Keywords: Achievement, Coaching, Futsal Club

Introduction

The sport of futsal is popular worldwide, including in Indonesia (Nurjanah et al., 2023). This is evident from the large participation in local and international futsal competitions such as the Professional League (Pro League), AFF (Asian Football Federation) Futsal Championship, AFC (Asian Football Confederation) Futsal Championship, and the Futsal World Cup. Futsal is widely popular in Indonesia (Insanistyo et al., 2023) as it can be played by people of all ages, including adults, children, the elderly, and teenagers (Yanuar et al., 2023). The Indonesian Futsal Federation (FFI) was established on 22nd June 2014, and the Indonesian futsal team has a record of winning the AFF Cup in 2010. Futsal relies on speed, quick positioning, and accurate ball placement due to the small playing field. Each team in futsal consists of five players, and the game is played in two rounds.

Mastery of basic technical skills is crucial for futsal players as it directly impacts their ability to score goals and defend their own goals (Himawan, 2022). According to Herwin (2004), futsal players need to master two types of techniques: those without the ball and those with the ball. Player positions in futsal include bottom player (anchor), middle player (flank), front player (pivot), and goalkeeper (Suryadi et al., 2023). Dribbling speed, ball control, and deceptive body movements are important aspects of the game (Basyir, 2019).

The National Sports System Law No. 3 of 2005 emphasizes that sports are essential for achieving fitness, health, recreation, and personal accomplishment (Rahail et al., 2022). Sports coaching is a process aimed at achieving peak performance, and it requires efficient, systematic, and sustainable efforts (Kuswoyo, 2020). Adequate facilities, infrastructure, and funding are crucial for the development of athletes and clubs (Bryantara, 2017). Additionally, the quality of coaching and management significantly impacts the development of sports performance (Bangun, 2019).

One of the futsal clubs in Palembang is the Sekewet Futsal Family Club, founded in 2016. From 2016 to 2022, the club achieved many successes. However, due to the impact of Covid-19 in 2020, the club went on hiatus for about a year. This led to a decline in achievements due to a lack of training, facilities, infrastructure, funds, and inadequate management. In 2021 and 2022, the club only achieved three accomplishments each year, a significant decrease from previous years. These challenges have sparked the interest of researchers to investigate this issue.

Materials and Methods**Study Participants.**

The informants involved in this research are reliable and trustworthy sources who play a crucial role in providing valuable information to the researchers. The following individuals are serving as informants in this research:

Table 1. Research informants

No.	Name	Source
1.	Wira Pratama	Coach
2.	Herman S Pohan	Person in charge
3.	Ari Julian	Athlete
4.	Aditya Saputra	Society

Study organization.

This research is based on descriptive qualitative methods. According to (Sugiono, 2015), qualitative data is a research method that utilizes concrete data and is not based on positivistic principles. It involves data in the form of numbers that can be measured using statistics as a calculation tool and is related to the problem being studied to conclude.

Statistical analysis.

Data analysis is an inductive process, starting with the data obtained and developing a hypothesis based on that data. The formulated hypothesis is then tested against the data to determine its applicability or rejection. Sutton & Austin (2015) stated that the activities in data analysis include data reduction, data display, and conclusion drawing/verification. The obtained data is grouped, checked, and selected based on needs and suitability, and then summarized in a narrative form for easier understanding.

Results

To make the data from this research more understandable for all parties involved, the presentation will utilize the table provided below. Here's an explanation: the data gathered in this research is sourced from the research objects through observation, interview documentation studies on club profiles, and data obtained from coaches, management, athletes, and the community.

a. Observation Data Description

Observations were carried out by observing aspects that were the center of attention of the Sekewet Futsal Family Club Achievement Development. The results of the observations made can be seen in the table below:

Table 2. Observation Checklist Sheet

Variable	Indicator	Sub Indicator	Checklist	
			Yes	No
Achievement Coaching	Club Management	Member recruitment	√	
		Planning	√	
		Supervision		√
	Club Achievements	Achievement Results	√	
		Form of Achievement	√	
		Exercise program	√	
	Facilities and infrastructure	Available	√	
		Sufficient		√
		Standardization		√
	Club Funding	Fund bookkeeping		√
		Source of funds	√	
		Handling		√

Based on the findings in table 2 of the observation checklist, it can be inferred that certain aspects do not meet the coaching requirements. Specifically, management supervision, standardization of facilities and infrastructure, and sources of funds are lacking. However, other aspects are nearly fulfilled.

b. Research interviews

The interview was carried out by asking several questions to research data sources, namely the Coach, Person in Charge, Athletes, and Community. The results of the interview can be seen as follows:

1. Club Management Interview

In the interview with the club management, specifically Mr. Herman S Pohan, numerous questions were asked about the club's coaching activities. The outcomes of the interview with the club management are as follows:

The performance indicators for club management depict how the management addresses club performance. The club management chairman stressed the importance of all staff putting in extra effort to enhance performance and propel the club forward to compete in the Professional League in Indonesia. The club's accomplishments have been impacted by the pandemic, and the management is urging everyone to strive harder to guide the team back to its winning ways. The club's facilities and infrastructure do not currently meet the required standards, and the management is striving to ensure that they align with the necessary criteria to

bolster the progress and accomplishments of the athletes. In terms of club funding, the management is actively pursuing sponsors to aid the team's development.

2. Coach Interview

The coach interview will be conducted with Mr. Wira Pratama. The interview will focus on his coaching activities. The results of the interview will be described below:

The coach admits that there are deficiencies in the club's management but values the ongoing efforts to enhance it. The coach acknowledges the club's commendable achievements since 2016 but also recognizes a gradual decline in performance each year. The coach motivates the athletes to dedicate themselves to rigorous training to excel in competitions and strive for success at the national level. Despite the subpar facilities and infrastructure, the coach maintains enthusiasm for training sessions and remains hopeful that the team's requirements will be fulfilled. All responsibilities related to club funding, such as bookkeeping and securing sponsors, are entrusted to the club management by the coach, allowing them to focus on coaching and imparting futsal expertise to the club.

3. Athlete Interview

The athlete interview features Ari Julian and includes questions related to coaching. The results of the interview are as follows:

Athletes were interviewed on October 3, 2023, and the following observations were made: Athletes are concentrating on training and are relying on the club management to work diligently to fulfill the club's requirements. Athletes believe that their performance is decreasing, but they are encouraged by their coach to persist with their training and strive for accomplishments. Despite existing shortcomings, athletes are continuing to practice and are hopeful that the facilities and infrastructure will soon meet the required standards to satisfy their training needs.

4. Society Interview

The community interview was attended by Aditya Syahputra, who represented the community. During the interview, several questions were asked about the management's activities in providing guidance. The results of the management interview can be summarized as follows:

The indicator for club management reflects the effectiveness of the club's operations. Individuals we conversed with on October 3, 2023, expressed limited

knowledge about the club's management. They are pleased with the opportunity to participate in futsal training and education through the club. The club's achievement indicator gauges its success. Those we interviewed on October 3, 2023, indicated awareness of the club's accomplishments, primarily at the district or city level, which can be irregular. They believe the club has the potential to achieve more beyond the district or city level. The club's facilities and infrastructure indicator assess its resources. Individuals we spoke with on October 3, 2023, conveyed dissatisfaction with the facilities and infrastructure for daily training. They are hopeful that the club will enhance these aspects soon. The club's funding indicator evaluates its financial backing. Those we interacted with on October 3, 2023, stated a lack of knowledge about the club's funding. They believe it is the club's responsibility, and their role is solely to engage in futsal training and learning.

Discussion

Research was conducted from 03 to 07 October 2023, to analyze the development of achievements of the Sekewet Futsal Family Club in South Sumatra Province. The research involved collecting data through documentation, observations, and interviews with club profiles, activities, coaches, administrators, athletes, and the community. According to Umam (2018), sports coaching aims to increase and develop achievements to foster national pride. The coaching process, as highlighted by Vanagosi & Dewi (2019), involves continuous effort and several components such as breeding, employment, management, facilities and infrastructure, and program structure. Another research by Vanagosi & Dewi (2019) emphasizes the need for cooperation between the local government and the community to support the development of athletes. The research also suggests improvements in training facilities and infrastructure for better support.

Conclusions

Coaching should be consistently and effectively implemented to encompass a wide range of essential components. These include, but are not limited to, the systematic identification and nurturing of talent through personalized development plans, strategic recruitment and adept management of staff to ensure alignment with organizational goals, effective oversight of facility and infrastructure to optimize resources, meticulous organization of programs to ensure seamless operations and comprehensive performance evaluation to drive continuous improvement.

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