



Role Of Physical Education Lesson To Motivate And Promote Voluntary Work Among Middle School Students From A Point Of View Of Students In Maysan Governorate Schools

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Abstract

The research aims to identify role of physical education lessons in motivating and promoting volunteer work among middle school students from the students' perspective in some schools in Maysan Governorate. The research hypotheses there are differences indication Statistics comparing physical education classes with volunteer work. The study addressed field research procedures, where the researcher used descriptive method as it was the most suitable approach for research problem. Sample consisted of a portion of original research population, namely intermediate schools for girls in Maysan Governorate. The sample comprised (5) schools. The researcher used SPSS statistical package to process raw data of the research sample. Included presenting, analyzing, and discussing results. After completing research procedures, the researcher proceeded to statistically process results and then discussed them. Conclusions included the most important conclusions and recommendations, establishing a significant correlation between physical education lessons and volunteer work. Recommendations included Physical education teachers should emphasize teamwork and volunteerism among students to build a generation that is cooperative, cohesive, and a partner in development and building of the nation.

Keywords: Education Lesson, Sports Motivation, Volunteer Work, Middle School.

Introduction

Become education today phrase on system integrated she is keen on student development from during planting values that so rise themselves and enrich their ideas and their acquaintances, that is from during its means and its curricula study and its activities student diverse that presents it.

Education sports part from education public being take care and be considerate body and his health, and it aims to prepare citizen righteous physically mentally and morally and able on production and doing with duties about community physical education has witnessed significant interest in local and international forums in recent years. this is because physical education, with its diverse activities, has played a major role in supporting educational system, contributing to holistic and comprehensive personal development.

Physical education is considered an educational system aimed at improving overall human performance through selected physical activities. It is an educational

medium characterized by important educational outcomes, fostering physical strength, health, and vitality, and instilling a spirit of cooperation, patience, discipline, and leadership, it helps the mind develop sound judgment and critical thinking, physical education lesson is a small unit within physical education curriculum, it is a cornerstone of every syllabus.

Success of plan and achievement of overall objectives of physical education program in school depend on excellent preparation, execution, and implementation of lesson. and it is phase adolescence from key stages life man and most of them gravity because phase formation it is determined it has features a personality individual and behavior which they call that to interest this chip with aim of its construction from area physical psychology social as a basis protection in future and that for school Dora large in life student it is learned a lot from responses new please on skills academy and was able from practice relations social from during supervision and directing it continuous, they did not it is place that it aims to instructing pupils information and its numbers from area mentality only but rather became place natural to raise pupils on road discovery their inclinations and talents natural and its development in favor of pupils and society.

Volunteer work is extremely important in society in general and in schools in particular, due to its great humanitarian values, which are embodied in giving in all its forms. Volunteer work is linked to all kinds of good deeds and charitable work, vary importance job volunteer for individual and society where work helps individual volunteer on meeting needs and his participation in to make decision with acquisition life skills like work cooperative and expression on opinions and integration with others to learn on problems and needs the society. Importance of research to understand role of physical education lessons in motivating and promoting volunteer work among middle school students from the students' point of view.

Lesson education sports and through activities diverse it is means from means mission that help individual on discharge energies appendix and expression on self - building personality integrated balanced as that practice sports it is type from activities entertainment in the school and helps in social development where develop spirit cooperation and synergy and form friendship and leadership and strengthen acceptance social respect for others.

The researcher sought to determine the extent to which physical education classes in schools contribute to encouraging motivation and promoting volunteer work, considering that volunteer work helps in investigation stability cohesion social for the community of side, as leads to development the society and update it from district secondly, since what he distinguishes activities volunteering Iqbal students towards it on desire self and without forced from one this makes from receive science and knowledge from during it benefit and fun greater from receiving it via curricula and books, especially when meets this is amazing activities their needs and their desires this is where the research problem lies.

Research objective to identifying role of physical education lessons in motivating and promoting volunteer work among middle school students from the perspective of the subject teachers in some schools in Maysan Governorate.

Research hypotheses there are differences indication Statistics comparing physical education classes with volunteer work.

2-1 Research Methodology

During scientific studies any problem in scientific research requires finding a suitable solution by choosing appropriate methodology that is consistent with nature

of problem and given its nature search and in pursuit from owner search to find solution scientific for problem search presented in study lost adopted researcher in this study is based on methodology descriptive as a method appropriate and suitable for topic study one who knows on is one shapes analysis and expression scientific organizer to describe a specific phenomenon or problem and portray it quantitatively by collecting standardized data and information about phenomenon or problem, classifying it, analyzing it, and subjecting it to careful study. (Sami Muhammad: 2006, p. 370)

Research community of research population was defined as middle school students in some schools of center of Maysan Governorate, numbering (55) schools for academic year 2024-2025.

Research sample research sample is meant to be a part of original community concerned with research and study, and it represents it correctly, so that it carries its common characteristics and features. This part saves researcher from studying all original research units and their individual elements that researcher studies (Qandali Amer and Al-Samarrai: 2010, p. 255).

Sample was chosen randomly and consisted of female students of stage intermediate level grades 1 and 2 in some schools in center of Maysan Governorate for academic year 2024-2025. For academic year 2024-2025, with a total of 55 female students. If main experiment sample was selected 30 female students, percentage would be (72.727%), and 7 female students who participated in pilot experiment were excluded.

Methods of collecting information

Scientific sources, International Information Network (Internet), support team, Questionnaire forms. In order to obtain information that researcher wanted from research sample, researcher used a scale prepared by (Saeed Al-Qahtani). It is a three-part scale consisting of (24) items with three alternatives (always, sometimes, rarely).

And as researcher presented scale to a group of experts and specialists in teaching methods, as well as specialists in testing and measurement in field of mathematics. There were 12 experts for each of two scales, for purpose of evaluating and judging its suitability in measuring role of educational lesson. Sports in motivation volunteer work.

Table 1. percentage and χ^2 test show agreement of experts and specialists on scale of role of educational lesson. Sports in motivation volunteer work

No.	Scale	Agree	Don't agree	Percentage	Calculated χ^2	Sig. level	Acceptance
1	Role of education lesson Sports in motivate volunteer work	12	zero	100%	12	0.00	Acceptable

Exploratory Experiment

It is a preliminary experimental study conducted by researcher on a small sample before conducting his research in order to test research methods and tools (Nouri Ibrahim Al-Shouk and Rafeh Saleh Fathi: 2004, p. 89).

researcher conducted exploratory experiment on day corresponding to 8/12/2024 on a sample consisting of 7 female students in city of Amarah, center of Maysan Governorate, for academic year 2024-2025. aim of exploratory experiment was to determine following:

- 1- extent to which students understand vocabulary of tests.
- 2- Knowing time taken to carry out tests.
- 3- Ensuring adequacy of support staff
- 2-4-4 scientific basis of two scales under investigation:

Table 2. shows values related to reliability, self-validity, and objectivity in role of education lesson. Sports in motivation volunteer work

No.	Variables	Measurement unit	Reliability	Validity	Objectivity
1	Role of education lesson Sports in motivate volunteer work	Degree	0.863	0.924	0.935

Main Experiment

Main experiment on Sunday, December 15 and 16, 2024, on research sample consisting of middle school students in some schools in center of Maysan Governorate.

Statistical methods

SPSS statistical package to process raw data for research sample.

Results

Presentation and analysis results of scale measuring role of physical education lessons in motivating volunteer work.

Table 3. shows values of means, standard deviations, calculated (t) values, and significance level.

Variables	Hypothetical mean	Mean	St.d	Calculated (t) value	Sig. level	Sig. type
Role of education lesson sports in motivation volunteer work	48	58.733	7.235	5.745	0.03	Sig.

Under degrees of freedom $n - 1 = 29$ and under a significance level of 0.05

Table No. (1) shows that mean is (58.733) With a standard deviation of (7.235), calculated t - value was (5.745), and when compared to significance level of (0.03) , it was found to be smaller, from (0.05) and with (29) degrees of freedom, difference is statistically significant.

Discussion

Based on results obtained by researchers, which are presented in Table (1), means and standard deviations of scale are shown. A significant correlation was found, and researchers attribute these significant differences to several reasons, foremost among

the role of physical education in encouraging students to engage in volunteer work, as physical education fosters this. Values social life fosters a sense of responsibility in students, makes them more open and sociable, and gives them a sense of enjoyment in helping others. Education Sports lesson through activities diverse count means from means mission that help individual on discharge energies appendix and expression on self-building personality integrated balanced, and grows spirit cooperation and synergy and form friendship and leadership and it is strong acceptance social respecting others, and because games sports simplest shapes communication have children, for it contributes in installments big from experiences intellectual and kinetics and morality so it indicates studies that knowledge primary for child it is in movement that takes from it means basic for knowledge, discovers from during it world ocean with, and he realizes symbols.

Conclusions

There is a significant correlation between physical education classes and volunteer work.

Recommendations

In light of researcher's conclusions, she recommends that Physical education teachers are required to emphasize teamwork and volunteer work among students in order to build a generation that is cooperative, cohesive, and a partner in development and building of nation. To increase students' educational and social awareness of importance of volunteer work. Providing necessary resources in schools by relevant authorities in order to ensure success and improvement of students and to encourage them to engage in volunteer work.

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Appendix (1)
Questionnaire form

No.	Paragraphs	Always	Sometimes	Rarely
1	Activities help Physical and Sports in development My relationships with My colleagues			
2	Practice Activities Physical and Sports Reflected positively On my personality			
3	Physical education lesson develops Values My social life			
4	Show Enthusiasm and vitality in class after physical education lesson			
5	Physical education fosters a sense of responsibility in me			
6	Sports activities are included Joy To myself			
7	Sports activities help me control myself same when Anger			
8	I feel like helping after exercising			
9	I feel a sense of belonging to my school after participating in sports activities			
10	I feel more capable of working with others after participating in sports activities			

11	Practicing sports makes me feel enthusiastic and eager for a challenge, and motivates me to participate in other activities such as volunteer work			
12	When I participate in school sports, it helps me to mitigation Problems Family that Affect on			
13	School sports teach me about my duties towards others respect, help			
14	Practicing sports makes me respect opinions and preferences of others			
15	Practicing sports allows me to express my opinion freely			
16	Practicing sports gives me opportunity to showcase my skills and talents			
17	Exercising makes it easy for me to make new friends			
18	Exercising makes me prefer working as a team member			
19	Exercising makes me feel happy when helping others			
20	Exercising makes me an open person			
21	Exercising makes me a more social person			
22	Exercising allows me to participate in social events			
23	Exercising makes me braver in difficult situations			
24	My participation in sports allows me to express my opinion when I hear about newly enacted laws in school sports			