



## Motivation Level of PAS FC Futsal Players in Facing the 2024 Tournament in Empang District, Sumbawa

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### Abstract

**Objectives:** This study aimed to identify the motivation level of PAS FC futsal players in facing the 2024 tournament in Empang District, Sumbawa.

**Materials and Methods:** This study used a descriptive quantitative survey method. The participants were 12 PAS FC futsal players. Data were collected using a motivation questionnaire consisting of six indicators: strong desire to achieve goals, responsibility, evaluative attitude, risk-taking, creativity and innovation, and preference for challenges. The data were analyzed using descriptive statistics, including frequency, percentage, mean, median, standard deviation, minimum score, and maximum score.

**Results:** The overall motivation level of PAS FC futsal players was in the moderate category. Based on each indicator, responsibility, evaluative attitude, and creativity and innovation were generally in the moderate category, while strong desire to achieve goals, risk-taking, and preference for challenges tended to be in the low category.

**Conclusions:** The motivation level of PAS FC futsal players in facing the 2024 tournament was generally moderate. These findings indicate that although players show sufficient responsibility and creativity, they still need psychological strengthening, especially in goal orientation, courage to take risks, and readiness to face competitive challenges.

**Keywords:** futsal, motivation, athletes, tournament, sport psychology

### Introduction

Futsal is one of the most popular sports because it combines speed, agility, technical skill, teamwork, and tactical decision-making in a limited playing area. The small court size requires players to move quickly, make rapid decisions, and maintain high physical intensity throughout the match. Therefore, futsal players need not only good technical and physical abilities but also strong psychological readiness.

Motivation is one of the important psychological factors that supports athlete performance. Athletes with strong motivation tend to show greater commitment in training, better confidence during competition, and stronger persistence when facing difficult match situations. In futsal, motivation becomes especially important because players are required to perform under pressure, cooperate with teammates, and respond quickly to changing game situations.

PAS FC is a futsal club from Empang District, Sumbawa. Since its establishment, the club has participated in several local tournaments and continues to develop its competitive performance. However,



performance achievement is not only determined by training quality and technical ability, but also by the psychological condition of the players, especially their motivation to compete.

Previous studies have shown that motivation plays an important role in futsal and football participation. Alam (2019) and Ardiasyah (2019) reported that students' motivation in futsal activities is influenced by internal desire, confidence, and external support. Sahal et al. (2022) also found that achievement motivation contributes to students' interest and participation in futsal extracurricular activities. Therefore, identifying the motivation level of PAS FC players is important as a basis for coaches to design more effective psychological and training strategies.

This study aimed to determine the motivation level of PAS FC futsal players in facing the 2024 tournament in Empang District, Sumbawa.

## **Materials and Methods**

### **Study Participants**

The participants of this study were 12 PAS FC futsal players from Empang District, Sumbawa. All participants were actively involved in club training and preparation for the 2024 tournament.

### **Study Organization**

This study used a descriptive quantitative design with a survey method. Data were collected using a questionnaire designed to measure player motivation. The questionnaire covered six motivation indicators: strong desire to achieve goals, responsibility, evaluative attitude, risk-taking, creativity and innovation, and preference for challenges.

### **Statistical Analysis**

The data were analyzed using descriptive statistics. The analysis included mean, median, mode, standard deviation, minimum score, maximum score, frequency, and percentage. The motivation level was categorized into five levels: very high, high, moderate, low, and very low, based on the mean and standard deviation classification.

## **Results**

The results showed that the total motivation scores of PAS FC futsal players ranged from 169 to 221. The mean score was 196.66, with a median of 196.00 and a standard deviation of 15.82. Based on the classification, the overall motivation level of PAS FC players was in the moderate category.

**Table 1.** Overall Motivation Level of PAS FC Futsal Players

Category	Frequency	Percentage
<b>Very High</b>	1	8.33%
<b>High</b>	3	25.00%
<b>Moderate</b>	4	33.33%
<b>Low</b>	3	25.00%
<b>Very Low</b>	1	8.33%
<b>Total</b>	<b>12</b>	<b>100%</b>

The highest proportion of players was in the moderate category, with 4 players or 33.33%. This indicates that PAS FC players generally have sufficient motivation, although some motivational aspects still need improvement.

**Table 2.** Motivation Level Based on Each Indicator

Motivation Indicator	Dominant Category	Frequency	Percentage
<b>Strong desire to achieve goals</b>	Low	5	41.67%
<b>Responsibility</b>	Moderate	6	50.00%
<b>Evaluative attitude</b>	Moderate	5	41.66%
<b>Risk-taking</b>	Low	5	41.67%
<b>Creativity and innovation</b>	Moderate	7	58.34%
<b>Preference for challenges</b>	Low	5	41.67%

The results indicate that responsibility, evaluative attitude, and creativity and innovation were relatively stronger motivational aspects among the players. In contrast, strong desire to achieve goals, risk-taking, and preference for challenges were still relatively low.

## Discussion

The findings showed that the overall motivation level of PAS FC futsal players was in the moderate category. This means that the players already have a basic level of psychological readiness to participate in competition, but their motivation is not yet optimal. In competitive futsal, moderate motivation may support participation and training discipline, but it may not be sufficient to maintain consistent performance under pressure.

The moderate level of responsibility found in this study indicates that most players are aware of their role in the team. This is important because futsal requires discipline, cooperation, and commitment to team strategy. Festiawan (2020) emphasized that futsal performance is strongly influenced by technical and tactical understanding, which requires responsibility from each player during both training and competition.



The evaluative aspect was also in the moderate category. This suggests that several players were able to reflect on their performance and recognize areas for improvement. This finding is relevant to Setiawan et al. (2021), who stated that improvement in futsal skills requires continuous practice, feedback, and correction. Players who have an evaluative attitude are more likely to accept feedback from coaches and improve their performance.

The creativity and innovation factor was also dominant in the moderate category. This is a positive finding because futsal is a dynamic game that requires players to make quick and creative decisions. According to Lhaksana (2011), modern futsal requires players to combine technical ability, tactical intelligence, and creativity in solving game situations.

However, the results also showed that the strong desire to achieve goals, risk-taking, and preference for challenges were in the low category. This indicates that some players may still lack strong achievement orientation and competitive courage. Wati and Jannah (2021) explained that athletes' motivation can decline when they experience boredom, pressure, or lack of psychological readiness. Therefore, coaches need to provide psychological support, goal-setting programs, and competitive simulations to strengthen players' achievement motivation.

These findings are also consistent with Sahal et al. (2022), who found that achievement motivation is closely related to students' interest and participation in futsal activities. Players with stronger motivation tend to show better enthusiasm, persistence, and readiness to face competition. Therefore, motivation training should be integrated into regular futsal coaching programs.

Overall, this study confirms that motivation is an important psychological component in futsal performance. PAS FC players have moderate motivation, but coaches should pay more attention to strengthening goal orientation, courage, and challenge-seeking behavior. These aspects are important for improving players' mental readiness before tournaments.

## **Conclusions**

The motivation level of PAS FC futsal players in facing the 2024 tournament in Empang District, Sumbawa was generally in the moderate category. Based on each indicator, responsibility, evaluative attitude, and creativity and innovation were in the moderate category, while strong desire to achieve goals, risk-taking, and preference for challenges were in the low category.

These findings indicate that PAS FC players already have sufficient basic motivation, but they still need psychological strengthening to improve their competitive mentality. Coaches are encouraged to provide goal-setting activities, motivational guidance, competitive training situations, and regular



evaluation to improve players' readiness for tournaments.

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